

**UNIFORM OPTION F – CADET PT GEAR**

Cadets will wear the PT Gear on designated PT days (normally Friday). The PT Gear will consist of the Air Force PT Shirt, Air Force PT Shorts, socks should be white or black and **appropriate athletic style shoes**. In the event of inclement (cold) weather, cadets may wear school appropriate athletic gear over their Physical Training Gear (PTG). Inclement weather is defined as 45 degrees and below, including the wind chill. The issued PT Gear will be well fitting enough to allow the cadet freedom of movement. The short-sleeve shirt can be tucked or untucked into the shorts. Appropriate athletic shoes are required with the PT Gear (no flip flops, sandals, or open toed shoes). Cadets are given 5 minutes at the beginning of class and end of class to change into/out of the PT uniform.



Option F