KETT EARLY HEAD START

	CROCKETT
	MONDAY
	5 60
	4 TH HM Chiken & Brown Rice
ı	Soup Frz. Carrots Cnd. C. Pineapples
	Milk
ē	Breakfast PM Snack Frz.Toast Sticks MGCrackers
	Frz. Peaches milk Cheese stk
	11T SPRINGBREAK
1	CLOSED
	CLOSED

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1_{ST} HM Egg Salad WW Bread HM Broccoli Salad **Mixed Fruit** Milk

Breakfast PM Snack Bfast Rice AnimalCrackers Cnd. Apricots Milk

8TH Grilled Cheese Sandwich WW Bread 7TH HM Creamy Turkey Brown Rice Cnd.Tom Soup Frz. Green beans

> Breakfast PM Snack Bfast Rice **WG Graham Crackers** Cnd. Apricots Milk

Cnd. C. Frz. Corn & Cnd. Tomatoes Cnd Apricots

Milk

Cornbread

Frz. BB Milk

5TH HM Beef Tamala Pie HM

Breakfast PM Snack HM Oatmeal HM Fruit Pizza

Fresh Fruit

Frz. Peas & Shredded Carrots Mixed Fruit Milk **Breakfast** PM Snack **WG Cereal** WG Goldfish

Fsh. Banana

Milk

6TH HM Mediterranean Tuna Salad

Breakfast Pears

Milk

PM Snack

HM Zucchini Sgrs. WW Tortillas Frz. Mangos Trky. Ham/Cheese

Frsh. Spinach & Celery Carrots

15™ SPRINGBREAK CLOSED

18th HM Chicken Salad

HM Broccoli Salad Cnd.

Milk

PM Snack

Cheez Its

Applesauce

Colored

Saltine Crackers

Peaches

Breakfast

WW Toast

Mixed Fruit

Milk

12TH SPRINGBREAK CLOSED

13™ SPRINGBREAK CLOSED

20th HM Pulled Pork

Milk

Breakfast

WG Cereal

Fresh Banana

Frz. Carrots

Milk

Milk

14TH SPRINGBREAK **CLOSED**

21ST HM Turkey Noodle Spaghett **Shred. Carrots** Frz. Berries Milk

Frz. Mangos

Breakfast PM Snack **HM Turkey Pizza Wheat Thiin** Frz. Hashbrown **Cheese Stix** Milk

22nd HM Egg Fried Rice Brown Rice Frz. Peas & Carrots Cnd. Oranges Milk

Breakfast PM Snack WW Cinn. Toast WG G. Crackers Frz. Mangos Milk

25th HM Chicken Noodle Spaghetti Shred, Carrots Frz. **Berries** Milk

Breakfast PM Snack Frz. WG Pancakes **Boiled Eggs** FZ. Peaches **Wheat Thins** Milk

19th HM Cuban Beef & Black Bean **Brown Rice** Frz. Mangos Milk

Breakfast PM Snack HM Src. Eggs **HM/WW Oatmeal** Cnd. Apricots BB Sar. Milk Milk

26 th HM Beef Brown Rice Pilaf Fresh Spinach HM Mexicali Corn

PM Snack **Breakfast** HM Scr. Eggs HM/WW Ricotta Sqr. Frz. RB Milk Milk

Milk 27th Stir-Fried Rice w/ Ham B.Rice

HM Chickpeas & Tomatoes Frz. SB

Breakfast PM Snack WG Cereal Club Crackers Fsh. Banana **Cheese Sticks**

28th HM Turkey Pasta Salad Rotini Pasta Fresh Broccoli Milk

WG Bun

PM Snack

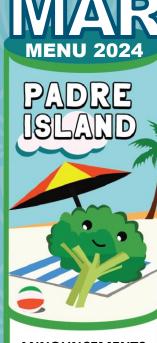
HM Fruit Pizza

Fresh Fruit

Cnd. Peaches

PM Snack Breakfast HM/WW Banana Sqr. Cheese stk Cnd. Pears Crushed Pineapples 29th

GOOD FRIDAY CLOSED



ANNOUNCEMENTS:

Abbreviations:

BB-Blueberries, Bfast-Breakfast, B.Rice-Brown Rice, Cnd-Canned, Crkr-Cracker, Cinn-Cinnamon, G. Cracker-Graham Cracker, Cant.-Cantalope, Drsg-Dressing, Frz.-Frozen, Fsh-Fresh, HM-Homemade, SB-Strawberries, Man. Oranges-Mandarin Oranges, P.Beans-Pinto Beans, RB-Raspberries, R.-Roasted, WG-Whole Grain, S.Rice Pilaf-Savory Rice Pilat, T.Fruit-Tropical Fruit, Trky-Turkey, Sqr-Squares, Scr.-Scrambled, WW-Whole Wheat, W.melon-Watermelon, R.Pasta-Rotini Pasta

Milk- 12 mths-23mths **Unflavored Whole Milk** 2-3 yrs.-Unflavored 1% Milk Special Milk- Lactaid or Soy WATER IS SERVED AT EVERY MEAL/SNACK





TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER