

School Health Advisory Council

April 25, 2022 at 6:00 pm

Minutes

Meeting called to order by Mandy Schuman at 6:01 pm.

Welcome – Mandy Schuman

Members in attendance were Teresa Bentle, Olga Chavana, Bruce Crook, Misty Harrison, Linda Langston, Diane Russell, Carol Sanderson, and Mandy Schuman. Guests in attendance: Kristi Stewart & Nichole Nickerson with MFLC and Kandace Grenwelge with AISD.

Military & Family Life Counseling Program (MFLC)- Presented by Kristi Stewart and Nicole Nickerson. The MFLC Program provides short-term (up to 12 weeks), non-medical counseling program for service members and their families of all branches for a range of issues including relationships, stress management, grief, loss, adjustment, building resiliency, and other individual and family issues. They cannot see anyone with a diagnosis or anyone that meets the criteria for having a diagnosis. Once they recognize someone should be diagnosed, they must refer out. Service is free for active-duty members. Only families with an active-duty service member or those up to six-months post-retirement qualify for services. They can meet on or off base for counseling services.

Nichole is at Dyess AFB and Kristi is the school MFLC and works with AISD in Abilene High School, Cooper High School, and ATEMS. In addition to working one-on-one with students they are also available for presentations. Kristi does visit some of our high schools daily but has no set office, must meet in the library, etc. School counselors can direct military dependents to them for counseling which frees up the school counselor to see non-military students.

Documents provided:

*brochure – MFLC – Child and Youth Behavioral Counselors.

Approval of minutes from February 28, 2022- Written copies of the minutes from the February meeting were shared for review. Diane Russell made a motion to accept the minutes as written; Linda Langston seconded the motion. Ayes-all; motion passed.

Champion Fuel Food Program – Presented by Kandace Grenwelge. Last year AISD operated under a Seamless Summer option (Universal Free Act) which was Covid 19 related; all students in AISD were eligible to eat a nutritious breakfast and lunch for free. AISD normally operates under the National School Lunch Program which utilize an application and offers meals as paid, free and reduced. As a result of providing free meals, the number of meals served has increased and this year's program has been great. Unfortunately, the waiver for Seamless Summer has expired and not available this upcoming school year.

Going back to the National School Lunch Program would place a financial burden on almost all AISD families; approximately 70% of our students are socioeconomically disadvantaged. AISD has decided it will be going to a new program, **Community Eligibility Provision**. This program allows AISD to offer free breakfast and lunch to AISD students for the next four years.

AISD is partnering with **Be a Champion** (under SASFP), a program that comes in two hours after AISD quits serving meals and gives out a heavier snack/dinner in the secondary schools (middle and high schools). This program operates much like the summer feeding program, anyone one to 18 years old can eat. The only stipulation for this program is there must be an after-school activity that day (although participation in the activity is not required). Siblings that come with parent to pick up the student can also eat. Results have been great, and they are feeding about 150 meals per campus.

Summer lunch program will feed children one to 18 years old and be at 17 different sites this year, including six summer schools.

Triennial Assessment- The Nutrition Department is responsible for preparing the triennial assessment for the **AISD Wellness Policy**. This is part of the Healthy Hunger Act and ensures AISD is meeting all the Smart Snack guidelines. They must also ensure AISD has a plan in place for helping families develop healthy habits.

Note: Food & Nutrition has had difficulty obtaining products and supplies this school year. Last school year AISD fed 912,000 (school meals) and to date this year they have fed 1.2 million meals.

Documents provided:

*handout – AISD Local School Wellness Plan.

Linda reported the Abilene-Taylor County Health Department is out of many of the immunizations that are required of students. This particularly impacts our refugee population and AISD is having to enroll children that do not yet have all their vaccines.

Linda will write the SHAC report for the school board.

Meeting Adjourned by Mandy Schuman at 6:53 pm