

## School Health Advisory Council (SHAC) Minutes

September 25, 2023 6:00pm – 7:00pm

Location: Alta Vista Room – 241 Pine Street, Abilene Texas

Kimberly Brumley called to order the School Health Advisory Council on 9/25/23 at 6:00pm.

As outlined in the agenda presented to all members present at the meeting, welcome and introductions were completed. Kimberly Brumley introduced Angela Valentine, RN BSN and new director of School Health services. Mrs. Valentine discussed her background, involvement with AISD and current role with SHAC. Mrs. Brumley asked all other members present at the meeting to introduce themselves, provide some background information about themselves and why they are interested to serve on the SHAC.

Elizabeth Wilson is a Family Nurse Practitioner and has been a member of the SHAC committee for 5 years. She has served on the instructional materials committee to review materials for human sexuality instruction. Mrs. Wilson has children enrolled in the AISD district. Mrs. Wilson continues to want to be involved with SHAC to ensure not only her own children, but the community are able to experience school that fosters their physical, and mental health.

Taylor Tidmore is an Abilene physician in his second year with the SHAC. Dr. Tidmore has children that are currently in the AISD school system. He stated that he is on the committee to give back to the community and show appreciation for the AISD school district.

Megan Roth was a neuroscience resource administrator and now is an independent consultant for universities writing grant proposals. Mrs. Roth is also a team coach at Gymnastic Sports Center. Mrs. Roth is new this year to the SHAC and has two children that attend AISD.

Julee Isenhower worked at AISD for 6 years and transitioned to ACU. Mrs. Isenhower has a degree in science education. Mrs. Isenhower has children that are currently in the AISD school system. Mrs. Isenhower is deeply interested in the topics covered by SHAC due to her experience as a parent and foster parent; she can see the positive and negative outcome from health education.

Andrew Dillard is the lead Health and Physical Education Teacher for all the elementary schools in AISD. Mr. Dillard was also the 7<sup>th</sup> grade boys' human sexuality leader last year. Mr. Dillard has been on the SHAC for two years and with AISD for 4 years.

Kimberly Brumley is the Executive Director for Federal Programs & District Planning. Mrs. Brumley is a member of the SHAC as outlined in the policy for the District Wellness Plan. Mrs. Brumley is committed to giving back to the community by providing a voice for Abilene children and families. Mrs. Brumley has a passion and family goal of providing awareness for mental health education and the importance for children to be provided the tools to recognize and assist those in need.

Corrie Cables has an undergraduate degree in Community Health from Texas Women's. Rev. Cables always wanted to help people and switched her field of study to health education and found herself in ministry. Mrs. Cables is the Associate Rector at Episcopal Church of the Heavenly Rest. Mrs. Cables sees wellness as something we all encompass and the importance of looking at the whole person: mind, body

and spirit. Rev. Cables joined SHAC to give back to the community and show support. Ms. Cables has a daughter in the AISD school system.

Teresa Bentle is a Community Relations Representative with Amerigroup. This program is a Medicaid managed care that services families that receive Medicaid. Much of the AISD district consists of families that receive this assistance. Mrs. Bentle joined SHAC to be a voice for those families from a different perspective and ensure those families' needs and abilities are being included.

Steve Pracht is an outreach counselor who works with the Star Program Texas Help Steps group through Health and Human Services Health Plans. Mr. Pracht previously worked at Head Start for 12 years. Mr. Pracht is passionate about serving and being able to assist with helping a lot of the population he works with.

Brianna Johnson is a Social Worker with the Veteran Administration. Ms. Johnson has previous experience with working with foster children, families, and childcare facilities licensing. Ms. Johnson knows the importance of implementing healthy relationship models and healthy eating habits at an early age can influence individuals once they are older. Ms. Johnson is excited to join SHAC to be able to support this education to the families and children in the area.

Lizzie Pullman is a Physician Assistant in the Abilene area. Mrs. Pullman was previously the girls' instructor for human sexuality. Mrs. Pullman was not present at the committee meeting due to previous training obligation and was introduced by Mrs. Brumley.

Mrs. Brumley discussed the several ways that membership enrollment was conducted. The opportunity to join the SHAC committee was shared widely through the district level social media, sent out to families, and spread through word of mouth for nominating people who would be a good fit as outlined in the policy. Mrs. Brumley addressed membership in two parts: the board had to consist of at least 5 people and majority of those had to be non-employee parents of students enrolled in the AISD school system. To ensure a well-rounded membership, individuals from all roles and backgrounds were chosen to be a part of the committee to ensure that the perspective of the larger community is represented.

Since the SHAC now includes both the prior boys' and girls' human sexuality instructors, who are both working in positions that will not allow them to instruct the course in 2024, administration will select new instructors this year.

SHAC discussed the election of Officers. Ms. Brumley provided a brief role description for the three officer positions: Chair or Co-Chair of SHAC (stated in policy) and Secretary for the committee (traditionally named to support the work of the council). Megan Roth self-nominated for Chair and Angelia Valentine offered to Co-Chair for the SHAC. Brianna Johnson volunteered to serve as secretary for SHAC.

Physical Education Subcommittee (required by policy) and Staff Wellness Subcommittees (named in the District Wellness Plan) positions for each board member were discussed. More information regarding the role for these committees will be provided in the near future. Each member of the committee was able to discuss their interest in being on one of the subcommittees. A final list will be provided, and an email sent to committee members to assign subcommittees on at a later date.

The following members indicated interest in the Physical Education subcommittee: Taylor Tidmore, Megan Roth and Andrew Dillard.

The following members indicated interest in the Staff Wellness subcommittee: Corrie Cables and Brianna Johnson.

The other remaining members indicated no particular interest and will be randomly selected for either Staff wellness subcommittee or Physical Education subcommittee.

Mrs. Valentine reviewed the condensed SHAC annual and periodical responsibilities pulled from the policy and read and reviewed the 2022-2023 SHAC report that was presented last year to Dr. Young and the board.

Committee members were split into small groups of two or three to review the current District Wellness Plan. An activity was provided to find in the plan the specific policy criteria and where it is outlined in the plan. The committee members were also asked to brainstorm new ideas that they would like to implement and incorporate into the Wellness plan.

The committee meeting was adjourned with retrieval of the committee papers from their separate group discussions and ideas for topics to discuss at quarterly meetings.

Next committee meeting is scheduled for November 27, 2023, at 6:00pm-7:00pm at Alta Vista Room – 241 Pine Street, Abilene Texas.