

# CROCKETT EARLY HEAD START

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

4<sup>TH</sup> HM Chiken & Brown Rice Soup  
Frz. Carrots Cnd. C. Pineapples Milk  
Breakfast PM Snack  
Frz. Toast Sticks MGCrackers  
Frz. Peaches milk Cheese stk

5<sup>TH</sup> HM Beef Tamala Pie HM Cornbread  
Frz. Corn & Cnd. Tomatoes Cnd Apricots Milk  
Breakfast PM Snack  
HM Oatmeal HM Fruit Pizza  
Frz. BB Milk Fresh Fruit

6<sup>TH</sup> HM Mediterranean Tuna Salad Pita  
Frz. Peas & Shredded Carrots Mixed Fruit Milk  
Breakfast PM Snack  
WG Cereal WG Goldfish  
Fsh. Banana Pears  
Milk

7<sup>TH</sup> HM Creamy Turkey Brown Rice Frsh. Spinach & Celery Carrots Milk  
Breakfast PM Snack  
HM Zucchini Sqrs. WW Tortillas  
Frz. Mangos Trky. Ham/Cheese Milk

1<sup>ST</sup> HM Egg Salad WW Bread  
HM Broccoli Salad Mixed Fruit  
Milk  
Breakfast PM Snack  
Bfast Rice AnimalCrackers  
Cnd. Apricots Milk

8<sup>TH</sup> Grilled Cheese Sandwich WW Bread  
Cnd. Tom Soup Frz. Green beans  
Milk

Breakfast PM Snack  
Bfast Rice WG Graham Crackers  
Cnd. Apricots Milk  
Milk

11<sup>TH</sup> SPRINGBREAK  
CLOSED

12<sup>TH</sup> SPRINGBREAK  
CLOSED

13<sup>TH</sup> SPRINGBREAK  
CLOSED

14<sup>TH</sup> SPRINGBREAK  
CLOSED

15<sup>TH</sup> SPRINGBREAK  
CLOSED

18<sup>TH</sup> HM Chicken Salad  
Saltine Crackers  
HM Broccoli Salad Cnd.  
Peaches Milk

Breakfast PM Snack  
WW Toast Cheez Its  
Mixed Fruit Colored  
Milk Applesauce

19<sup>TH</sup> HM Cuban Beef & Black Bean  
Brown Rice Frz. Mangos  
Milk

Breakfast PM Snack  
HM Src. Eggs HM/WW Oatmeal  
Cnd. Apricots BB Sqr.  
Milk Milk

20<sup>TH</sup> HM Pulled Pork WG Bun  
HM Chickpeas & Tomatoes Frz. SB  
Milk

Breakfast PM Snack  
WG Cereal HM Fruit Pizza  
Fresh Banana Fresh Fruit  
Milk

21<sup>ST</sup> HM Turkey Noodle Spaghatt  
Shred. Carrots Frz. Berries  
Milk  
Breakfast PM Snack  
HM Turkey Pizza Wheat Thiin  
Frz. Hashbrown Cheese Stix  
Milk

22<sup>ND</sup> HM Egg Fried Rice Brown Rice  
Frz. Peas & Carrots Cnd. Oranges  
Milk

Breakfast PM Snack  
WW Cinn. Toast WG G. Crackers  
Frz. Mangos Milk  
Milk

25<sup>TH</sup> HM Chicken Noodle  
Spaghetti Shred. Carrots Frz.  
Berries  
Milk

Breakfast PM Snack  
Frz. WG Pancakes Boiled Eggs  
FZ. Peaches Wheat Thins  
Milk

26<sup>TH</sup> HM Beef Brown Rice Pilaf  
Fresh Spinach HM Mexicali Corn  
Milk

Breakfast PM Snack  
HM Scr. Eggs HM/WW Ricotta Sqr.  
Frz. RB Milk  
Milk

27<sup>TH</sup> Stir-Fried Rice w/ Ham B. Rice  
Frz. Carrots Cnd. Peaches  
Milk

Breakfast PM Snack  
WG Cereal Club Crackers  
Fsh. Banana Cheese Sticks  
Milk

28<sup>TH</sup> HM Turkey Pasta Salad Rotini  
Pasta  
Fresh Broccoli Frz. Mangos  
Milk

Breakfast PM Snack  
HM/WW Banana Sqr. Cheese stk  
Cnd. Pears Crushed Pineapples  
Milk

29<sup>TH</sup>

**GOOD FRIDAY CLOSED**

# MAR

## MENU 2024

# PADRE ISLAND



### ANNOUNCEMENTS:

Abbreviations:  
BB-Blueberries, Bfast-Breakfast, B.Rice-Brown Rice, Cnd-Canned, Crkr-Cracker, Cinn-Cinnamon, G. Cracker-Graham Cracker, Cant.-Cantalope, Drsg-Dressing, Frz.-Frozen, Fsh-Fresh, HM-Homemade, SB-Strawberries, Man. Oranges-Mandarin Oranges, P.Beans-Pinto Beans, RB-Raspberries, R.-Roasted, WG-Whole Grain, S.Rice Pilaf-Savory Rice Pilaf, T.Fruit-Tropical Fruit, Trky-Turkey, Sqr-Squares, Scr.-Scrambled, WW-Whole Wheat, W.melon-Watermelon, R.Pasta-Rotini Pasta  
Milk- 12 mths-23mths  
Unflavored Whole Milk  
2-3 yrs.-Unflavored 1% Milk  
**Special Milk- Lactaid or Soy**  
**WATER IS SERVED AT EVERY MEAL/SNACK**



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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