

MINUTES OF THE AISD SCHOOL HEALTH ADVISORY COUNCIL

AISD Administration Building, Valley View Room

241 Pine Street

Monday, April 24, 2017, 6:00 PM

Members Present:

Dr. LeMasters made a motion at 6:04 PM to call the meeting to order. Dr. Norton made the second motion.

Dr. Barton welcomed the group.

Presentation & Approval of Minutes from February 27, 2017. Roger Thomas made a motion to accept the minutes. Teresa Bentle made the second motion. All were in favor.

Discussion:

Dr. Barton began to discuss the recommendations by the sexuality program review committee. She provided handouts of the sexuality program recommendations, a list of committee members, and the program review discussion notes. Sexuality education MUST be addressed.

Dr. Barton provided an update on possible legislation in congress...

- the committee spent lots of time researching programs
- we need to recommend expectations to the Board
- grade levels; place that sexuality education will take place
- health or PE
- provide professional training for teachers

Dr. Norton asked if any of the programs rose to the top? Choosing the Best did, but Dr. Barton said that she hesitates on that because of the annual student workbook cost and it's not an adopted program.

- 1/2 time Health and PE Coordinator, 95% sure that will happen...and that's good.

Dr. Norton asked if we have to send the curriculum to the state for approval?

- Dr. Barton said no, that we certify the curriculum and we need to design and meet what the legislation requires/says.
- HB1124 regarding immunizations and opting out was used as an example

Sexuality education yes, but what about the broader health ed...mental health?

- Figures it is unreasonable to test the mental health of all middle schoolers, but definitely needed.
- --Dr. Barton described the Response to Intervention (RtI) on behavior...is it not working?
- --Dr. Norton said that he was unfamiliar with AISD's three tiers, but with behavior problems, students should be sent straight to mental testing.
- --Dr. LeMaster's mentioned SH39 (?) a depression survey that takes only 5 minutes to administer.
- --G87/89 (?) was also mentioned.

The health focus is primarily sexuality education; immunizations and mental health all fall under the “health” label.

- Netflix show – AHS teacher; students saying that they didn’t feel they had someone to speak to about depression, etc.

Dr. Barham asked if we waited until the session ends in the summer, what then?

- Dr. Barton would recommend that we look at re-writing our curriculum. At the end of the legislative session, we can see then how we want to proceed.
- Honor the work of the committee to ensure that our components are in place.
- Recommend that SHAC present to the Board that we recommend to present to grade levels.
- HB1547
- Didn’t want a program that was highlighted on the Wonder Years with the coach. (Watched 1:51 YouTube video.)

Can we recommend a program and state “pending legislative changes”?

- Yes
- Suggest get the ideal program and then adjust from there. (AISD did that in the past.)

Dr. Norton stated our own curriculum was good, “very good”, but recollected that it was not engaging...media-like, with videos, PowerPoint.

- Would need to make more engaging and up-to-date like in Aim For Success or Worth the Wait...could that be done?
- Yes.

So, what to take...format?

- School provides a medically accurate sexuality education program
- Abstinence-Plus
- Grades 6-9
- Keep 5th grade body changes, puberty program
- More closely monitor implementation of the program districtwide
- Interested in having sexuality education facilitators
- Provide uniformness, consistency across campuses
- If purchased, then “Choosing the Best” – w/ presentation of Aim for Success as good kick-off/conversation starter
- Could survey our students like one of the programs did to help determine its effectiveness.
- Could also do high school (Aim for Success) – nothing is required there

Are there grants for Aim for Success?

- Could/might be, will have to research

Writing our own?

- Have a good base, oversee the curriculum, teachers, etc.

Current topics like pornography, law, LGBTQ?

- Add the current topics in the recommendation or just do when write the curriculum
- We can make the recommendation that those be addressed

Coming up...

- Monday night, will provide the full report to the Board at the agenda review
- The Board meeting a week later; report will be on the consent agenda

Addition – add mental health

- E.g. Character/experiential learning
- Like on chart, last column...
 - Meets TEKS requirements; Experiential learning, includes character (compassion, empathy, self-determination; healthiest choices/respect; "shouldn't do permanent things with temporary people"

Not “one and done” – this action is just a start; it is more important to get something started...it has been four years of trying...

- Like integration into the classroom
- This is good, HUGE first step!

Uniformity on who and how to teach across the district?

How to make it happen and to make it happen well?

Also, elementary recess, etc. Pediatric journal study on recess.

Meeting adjourned at 7:20 PM. The last meeting of this school year.