

## Abilene ISD

### School Health Advisory Committee

April 22, 2019

Committee members present: Susan Cronan, Misty Caddell, Elizabeth Wilson, Leslie Holley (Boiles), Michelle Velez, Teresa Bentle, Diane Russell, Bruce Crook, Olga Chavana, Jaclyn Conner, Dr. Peter Norton, Linda Langston

Meeting was called to order at 6:02 p.m. by Linda Langston.

Minutes from last meeting (February 25, 2019) were reviewed and Diane Russell made a motion to accept the minutes as read and Linda Langston made the second motion. All present were in favor.

Guest Speaker - Jay Towell - Director of Student Nutrition presented about school lunches.

Questions regarding school lunches that SHAC members had:

- How do students know there is an option for a cheese sandwich? Is it on a menu or advertised somewhere?
- It was mentioned they would have to step aside to have a cheese sandwich prepared. Does that cause them to stand out or become embarrassed when they don't have funds on their account and have to wait to the side for an alternate meal?
- Can paying students eat if they don't have money on their account?
- More information was requested on a la carte items and the process. Can a student just choose an a la carte item at a cheaper price if they don't have a lot of money on their account?
- Are there options for students for breakfast and lunch who are lactose intolerant?
- Since the number of students who are actually paying for their meals (29%) or bringing their own lunch is such a small percentage, is there an option for all meals to be paid for? Where would the funding come from?
- What does the Wylie ISD do for a child who doesn't have funds on their account for lunch?

New Business:

Questions were discussed regarding the presentation regarding student nutrition and the school lunches.

We also discussed upcoming topics for the following year. Some topics that were mentioned were: Immunizations and educating students about them. There is nothing in the district policy regarding the use of essential oils and scentsy warmers.

SHAC Recommendations:

- Mental Health
  - Teachers need to be notified when a child is coming back from OCEANS Behavioral Hospital, so they can be prepared to help the child as needed. A "safety team" should be put into place to help with better communication between the school and RTC.
  - Recommends improving the current process that is in place and implementing a screening tool throughout the district to identify students that need assistance. A plan needs to be in place to help the district get the students the help that they need after this screening tool has been implemented. It should be the same across the board for all campuses.
- Sex Education
  - A structure needs to be in place so there is a set time every year that sex education is discussed with students. Students have questions about it and they are getting false information from unreliable sources.
- Immunizations
  - Students need to be educated about immunizations.

Voting for new officers will take place at the next meeting

Next meeting will be September 23, 2019 at 6:00 p.m.

Meeting was adjourned at 7:41 p.m. by Teresa Bentle.