



June 1, 2020

Dear Dr. Young,

As the district designee supporting the Abilene Independent School District School Health Advisory Committee (SHAC) this year, I am submitting the 2019-2020 recommendations on behalf of the Abilene ISD SHAC. I have also provided a summary of the membership. Diane Russell has served as the SHAC Chair throughout the 2019-2020 school year.

The Abilene ISD School Health Advisory Council (SHAC) met on:

- September 23, 2019
- November 18, 2019
- February 24, 2020
- April 27, 2020 –canceled due to CoVid-19

The SHAC members heard presentations on:

- Physical Education/Recess
- Sexual Education Curriculum
- Gun safety for families
- Immunizations
- Addition of 4 new social workers to the AISD staff
- Mental health

Based upon discussion and the priorities set by the SHAC membership during this school year, the SHAC would like to recommend for the following actions considered:

- The hiring of a health specialist to teach age appropriate sexual health education to Grades 6<sup>th</sup> and 7<sup>th</sup>.
- The health specialist would ensure the consistency on the education across the district and campuses.
- In presenting the material in Science class, each child is ensured to receive this instruction.
- TEKS (Texas Essential Knowledge and Skills) requirements met.
- SHAC recommends an “Abstinence Plus” approach instead of “Abstinence only” approach.
- Boys and girls taught separately.
- To discontinue the “Aim for Success” program being used.
- To continue presenting the “Always Changing” program to fourth and fifth graders on human growth and development.

Please know that I am available to answer questions and provide information for your consideration of these recommendations and to assist in providing the information to the Abilene ISD Board of Trustees. Thank you so much.

Sincerely,

Linda Langston, RN

Director of Health Services