

Virtual Visits: Get 24/7 Care, Anywhere

With Virtual Visits, the doctor is always in. Get 24/7 non-emergency care from a board-certified doctor by phone, online video or mobile app from the privacy and comfort of your own home.

Virtual Visits, provided by Blue Cross and Blue Shield of Texas (BCBSTX) and powered by MDLIVE®, are a convenient alternative for treatment of more than 80 health conditions, including:

- Allergies
- Headaches
- Cold/Flu
- Nausea
- Fever
- Sinus infections

Virtual Visits with licensed behavioral health therapists are available by appointment. Get virtual care for:

- Anxiety
- DepressionAnd more
- Stress management

Virtual Visit doctors can even send an e-prescription to your local pharmacy.





Activating your account is easy!

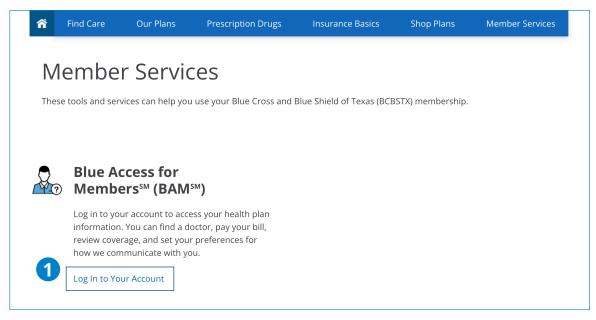
1. Log in to Blue Access for MembersSM at **bcbstx.com/member**

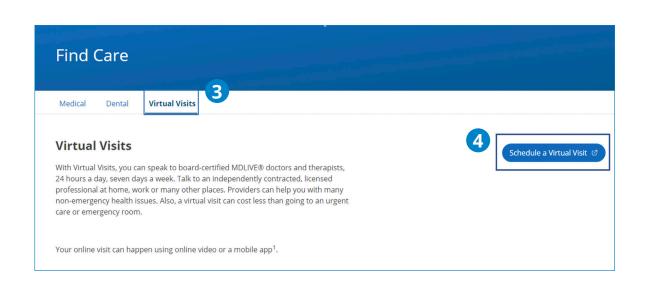
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- 2. Click the Find Care tab
- 3. Then, click Virtual Visits

4. Select the Schedule a Virtual Visit tab







☆ Coverage ∨

Q Find Care

<mark>ර</mark> Wellness

Virtual Visits may not be available on all plans. Non-emergency medical service in Montana and New Mexico is limited to interactive online video. Non-emergency medical service in Arkansas and Idaho is limited to interactive online video for initial consultation.

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